



LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION - MEDICAL SOCIOLOGY.

THIRD SEMESTER – NOVEMBER 2013

SO 3807 - COUNSELLING

Date : 07/11/2013
Time : 9:00 - 12:00

Dept. No.

Max. : 100 Marks

PART A

Answer ALL questions in about 30 words each:

(10 x 2 =20 marks)

1. What is the difference between a psychologist and a psychiatrist?
2. Mention the important goals in counselling.
3. Differentiate insight oriented approach and action oriented approach with examples.
4. What is gestalt therapy?
5. Define PFA.
6. What are the non verbal skills used in counselling?
7. What are the various stages in the process of counselling?
8. Write a short note on follow- up in counselling.
9. What is adolescent counselling?
10. Specify the special skills needed for counsellors involved in HIV/AIDS counselling.

PART B

Answer any FIVE questions in about 300 words each:

(5 x 8=40 marks)

11. Discuss the general myths of counselling. Explain them with the facts.
12. Explain cognitive behaviour therapy and differentiate it from REBT.
13. Explain the three main reflective skills of a counsellor.
14. What is meant by interviewing and questioning in counselling? Explain with examples.
15. Describe the importance of rapport and empathy in the first stage of counselling process.
16. What are the dos and don'ts of a counsellor in suicide counselling?
17. Imagine that you are a professional counsellor. How would you counsel a couple for a relationship problem?

PART C

Answer any TWO questions in about 1,200 words each:

(2 x 20=40 Marks)

18. Describe the various types of counselling with examples.
19. Discuss any five skills that are required for a counsellor.
20. Analyze the problem exploration and solution application stages in the process of counselling.
21. Explain the methods of counselling the bereaved with a case study.
